

# FERRO-B COMPLEX

## IRON B COMPLEX TONIC

### Presentation:

Ferro-B Complex Syrup is a coffee-brown coloured viscous liquid containing the following ingredients in each 5ml

Green Iron and Ammonium Citrate BPC 1954	200 mg
Vitamin B <sub>1</sub> BP	2 mg
Riboflavine BP	0.5 mg
Vitamin B <sub>12</sub> BP	2.5 mcg
Nicotinamide BP	5 mg

### Indications:

Ferro-B Complex Syrup is a combination preparation containing Iron and Vitamin B Complex. It is indicated for the prevention of Vitamin B and Iron deficiency in such conditions as:

- Nutritional Deficiency (restriction)
- Pregnancy
- Parasitic Infection
- Chronic haemorrhage

### Dosage and Administration:

**Adults and Children Over 12 yrs:**  
Four to eight 5ml spoonfuls daily

**Children 6 - 12 yrs:**  
Two to three 5ml spoonfuls daily

**Children 2 - 6 yrs:**  
One 5ml spoonful daily  
OR as directed by a doctor

### Contra-Indications:

Ferro-B Complex Syrup should NOT be used by patients hypersensitive to any of the ingredients, or those with Iron overload. Other contra-indications are paroxysmal nocturnal haemoglobinuria, haemosiderosis, haemochromatosis, active peptic ulceration, repeated blood transfusions, regional enteritis and ulcerative colitis.

### Precautions:

Care should be taken in patients who may develop iron overload such as those with haemochromatosis, haemolytic anaemia or red cell aplasia.

Failure to respond to treatment may indicate other causes of anaemia and should be further investigated. Absorption of iron may be impaired by penicillamine and antacids. Consequently, these preparations should be taken (orally) several hours apart.

### Use in Pregnancy:

Definite evidence of iron deficiency during the first trimester of pregnancy is required, before Ferro-B Complex is taken. Otherwise Ferro-B Complex should be avoided.

Not for megaloblastic anaemia in pregnancy since this is due to folic acid deficiency. Ferro-B Complex should NOT be used in lactating mothers.

### Side-Effects:

Gastrointestinal disorders like gastrointestinal discomfort, anorexia, nausea, vomiting, constipation, diarrhoea and darkening of the stools may occur. Rarely allergic reactions to the preservatives may occur.

### Overdosage:

Symptoms and signs of overdosage include vomiting and diarrhoea, and abdominal pain within the first one hour. This may be followed by cardiovascular collapse with coma. After this, improvement and recovery may follow in some patients. However, in most patients, after 16 hours, deterioration may occur

involving pulmonary oedema, convulsions, hypothermia, severe shock, metabolic acidosis or hypoglycaemia. Treatment of overdosage includes, immediate induction of vomiting, followed by parenteral I.M. injection of desferrioxamine mesylate and then gastric lavage.

### Storage:

Store below 25°C, in a dry place. Protect from light. Keep out of reach of children.

### Legal Category:

General Sales Medicine (GSL)

### Package Quantities:

60ml, 100ml

Ref: P07F01/4



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